

# PREPARING YOUR CHILD FOR P1



4 January 2013

1:30-3:30 pm

Jurong Primary School

*Are you anxious if your child is able to do well in Primary 1? Do you think about how he or she is able to cope with the new environment, queuing for food in the tuck shop or are you worried about the studies, homework and friends that both you and your child have to face?*

**If the above is what you are experiencing, come join us in this talk on Preparing Your Child for Primary 1. Topics on how to transition your child, understanding different intelligences and learning styles, the importance of having a routine, creating an environment conducive to learning and many more will be taught in this talk to help you reduce your worry and anxiety.**

### 预备孩子上小一 (*Preparing Your Child For P1*)

#### 内容简介:

步入小一，是孩子生命中的一个重要里程碑。无论是孩子或父母，在欢喜和兴奋中往往还带有很多的担忧和不安。从幼儿园过渡到小学，孩子必须重新面对与适应新的环境，而父母究竟应该做些什么准备，以帮助孩子无论在身心方面，都可以更好的面对上学的挑战？

- 1) 小学一年级是重要的开始
- 2) 培养良好的学习和生活习惯
- 3) 父母是“指导员”（父母应扮演的角色）

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## GUEST SPEAKERS



### **Evelyn Khong**

Evelyn Khong is the Senior Manager of Family Life Education Department in Fei Yue Community Services. She holds a Bachelor's degree in Psychology from the Southern Queensland University. She is a Family Life Educator and a lay counselor and has been conducting talks, workshops, family life bonding camps and events in Corporations, Ministries, Schools, Libraries, Prisons, Community Clubs and Churches both in Singapore as well as overseas. She has also been featured in a number of magazines, newsletters, television and radio programmes.

Besides the many programs dealing with life skills for the individual, parenting and couplehood skills that Evelyn spearheaded which were well received, Evelyn also implemented work-life programmes such as Loving Work Living Life [worklife harmony], Little Ones @ Work [parent child bonding at the work place], 'Work Out Burn Out [stress management] and 'Work the Talk' [communication]. Crescent Girls School, Teck Whye Secondary, De La Salle Primary, Nanyang Polytechnic, Coca Cola Singapore, Altus Oil & Gas Services, Sony Electronics (S) Pte Ltd, Mediacorp TV Singapore Pte Ltd, Singapore Prisons, Home Team Academy, Sinda Association are but some of the corporations that have benefitted from her training.

Evelyn's motto in life is "Believe in people; there is always something good in them no matter how bad you think they may appear to be".

### 讲员简介：饶美丽

饶美丽女士是飞跃社区服务及飞跃家庭服务中心的资深小组指导员及讲员，拥有八年的小组带领经验。饶女士拥有专业辅导文凭，现任职於飞跃社区服务家庭教育部门，负责策划家庭教育课程。除了主讲过无数次的家庭教育讲座外，她也带领了很多家长学习小组、女性成长小组，其中包括儿童期与青春期。除了亲子课程，她也带领婚姻建立小组及工作坊。她的分享常常得到组员的热烈回响，深获好评与爱戴。

本着一颗服务社会的心，她希望能藉着不同的活动来帮助家长们能拥有更有素质的家庭生活。饶女士也多次受邀在电台及报章做专题分享。

### **Family Central**（飞跃家庭教育中心）

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## REGISTRATION FORM

To register for this talk, fill-in this form and return it to the JPS GENERAL OFFICE or REGISTER BY E-MAIL at [sfe\\_jps@yahoo.com](mailto:sfe_jps@yahoo.com) . For any questions, contact Catherine Banton, the SFE Coordinator in-charge of this talk at [sfe\\_jps@yahoo.com](mailto:sfe_jps@yahoo.com) or call 65618837.

Please tick the appropriate boxes to indicate your attendance and complete the column “number of persons” by indicating “1” or “2.”

NAME OF TALK OR WORKSHOP	DATE/TIME	YES, I WILL ATTEND		NUMBER OF PERSONS	NO, UNABLE TO ATTEND
		ENGLISH	MANDARIN		
Preparing your child for P1	4 January 2013	<input type="checkbox"/>	<input type="checkbox"/>		
	1:30-3:30 pm	<input type="checkbox"/>	<input type="checkbox"/>		

**REGISTRATION CLOSSES ON 2 January 2013.**

Name of Student: \_\_\_\_\_ Class: \_\_\_\_\_ X \_\_\_\_\_

Name/s of parent/s attending: \_\_\_\_\_

Relationship: Father / Mother / Guardian

Mobile Number: \_\_\_\_\_ Home number: \_\_\_\_\_

E-mail address \_\_\_\_\_

Name and Signature of Parent

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